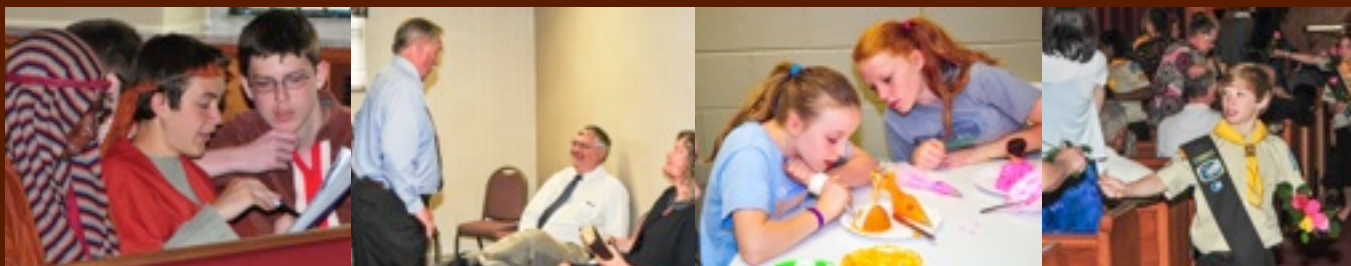


Bowman Hills Binder

Summer 2013



"And over all these virtues put on love, which binds them all together in perfect unity." Col 3:14 (NIV)

A Church of Missionaries

Look around, and you may see some returned long-term missionaries, an outgoing student missionary, a family of short-term missionaries, and a teen who recently went on his first missionary trip—but these are not our church's only missionaries.



From the Lassiters, who returned from Cuba to find someone had put an extra \$100 on their electric bill, to Andrew Korp, who says the donations for his Guatemala trip

helped him have a life-changing experience, our church's missionaries are using words like "touched" and "overwhelmed" to describe how much of a blessing these contributions have been.

The Kennedys, who just returned from Papua New Guinea, remember how much gifts meant when they were doing frequent short-term trips prior to going to Papua New Guinea. "The time between mission trips left insufficient time to earn enough income from [Kyle's] regular job to pay our bills," says Shelley, "but God kept performing miracles to take care of us, or someone would stop by and drop off a bunch of food when our cupboards were getting bare!"

But it isn't just the financial gifts that have impacted our missionaries.

Angela Weaver, who is heading for the Marshall Islands this summer, says that watching the church pray for and encourage people in the mission field gave her some positive reinforcement in deciding to become a student missionary.

Whether you are encouraging, praying for, or giving to our missionaries, you are also helping spread the gospel throughout the world.



Missionary Moms

Talk to the mothers of missionaries, and you get a sense for how important the church's prayers for their children are.

"Bowman Hills Church not only financially supported my son," says Rose Korp, "but showered him with prayers and notes of encouragement." Laura Weaver adds, "My Sabbath School class has been praying for [Angela] every week since I've been a member of that class. The church needs to know that prayer is always of first importance."

A Legacy of Christian Education

Perhaps the best way to understand the value of a Christian education is to experience it for oneself. So it should come to no surprise that these families, in which at least one parent is a product of Christian education, have chosen to send their children to Bowman Hills School (BHS). And these children are already expressing reasons why they think you should too.

Future Students



When the Hagan family (Roy, Kelly, Ella, and Jamie) decided they would be sending Jamie to BHS next year, they transferred their membership to the Bowman Hills Church. Roy, who has been homeschooling Jamie, says his son will benefit from the social interaction and group activities the school offers. Having participated in Bowman Hills field trips this past year, Jamie has already figured out what it is that makes BHS special. “Parents should send their kids,” Jamie explains, “because they will teach you about Jesus, and other schools won’t.”

Current Students



Before the Ermers (Susan, Gwendolyn, Kate, and Meg) moved to Cleveland, and even before they were a complete family, people from BHS prayed for them. But it wasn’t just these prayers that influenced this family to choose BHS. “My children attended Adventist schools,” explains grandmother Gwendolyn, “and I have never been sorry for the investment in their education.” Meg and Kate think you’ll feel the same way. “Parents should send their kids to BHS because it is a Christian school,” says Meg. “There isn’t any bullying, and the teachers respect the students.” Kate adds that “they make learning fun.”

Former Students



The Coulters (Doug, Victoria, Brandan, and Kamile) are a second generation BHS family. Today, what Doug would most like the church to know is “how important a Christian education and spiritual foundation is in a child’s life.” His children agree. “I think one of the most important decisions a parent can make is what school their children go to,” says Brandan, who appreciates having had the opportunity to grow with friends who shared the same values as him. Kamile also found friendships to be an important part of her spiritual life. “Not only do those friendships continue,” she says, “but I have made [more] friendships through them with people who truly seek out Christ in their lives.”

Health Rally

by Lora Lucas

Sabbath afternoon, May 18 at Bowman Hills' Fellowship Hall, E.W. Dempsey, conference health ministries director, presented "8 Secrets to Better Health" focussing on the components of NEW START (Nutrition, Exercise, Water, Sunshine, Temperance, Air, Rest, and Trust in God).

Elements of nutrition focused on defining, based on research, what are and how the body uses: carbohydrates, proteins, fats, vitamins, and minerals. Culturally accepted misconceptions of each nutrient were contradicted and corrected. Additionally, emphasis was placed on exercise and how current research shows that doing *something* improves your health and significantly decrease your risk of many diseases.

After warning and instruction in beginning an exercise program with moderation and following your doctor's guidelines, an exercise break was provided for participants to consider their fitness level. Upon returning, an excerpt from *A Diet for All Reasons* was shown. This film described how a doctor, raised on a dairy farm and practicing anesthesiology, changed his practice and personal life to focus on nutrition and plant-based diets.

The program ended with prayer by Pastor Dwight and a drawing for media focusing on aspects of health including a family Bible and an assortment of health literature, books, CDs, and posters.

Website Revived

If you go to www.bowmanhills.org today, you're sure to notice some changes.

"The website is an important part of our ministry at Bowman Hills," says Associate Pastor Matt Shallenberger. "When people search the web for information about our church, we want them to find a website that is inviting and informative."

In addition to a public site, which includes pages for Sabbath Schools, ministries, a calendar, and this newsletter, there is a MyBowmanHills section, where members can view the church bulletin and organizational schedules. Eventually, a sermon archives will also be made available. The username and password for this section are listed in the church bulletin.

Also, if you aren't already following Bowman Hills on Facebook or Twitter, you can start doing so by clicking on the appropriate icons at the top of the website.

Youth-Led VBS

By Abby Hunt

Children traveled with Paul on his great adventure to Athens and Rome at this year's VBS.

The Bowman Hills youth group took this opportunity to minister to the younger children in the church and guests from the community.

After a program in the sanctuary (garnished in Grecian décor), the

children, divided by age group, dispersed with group leaders to participate in *oikos* time. (*Oikos* is Greek for family.) *Oikos* time gave groups a chance to know each other, discuss God sightings, and memorize the Bible verse of the day. After *oikos* time, the groups visited the "market place," where they had the opportunity to try Greek food, create an Olympic torch, fashion a crown of laurel leaves, and make musical instruments.

A supper was provided for the children along with Olympic games. Each evening concluded with another celebration in song and time to refocus eyes on God and thank Him for His amazing love.

Church Picnic

The weatherman tells us there won't be much rain for a while, so there also shouldn't be any excuses for not attending the church picnic rescheduled for June 9 (12-3 p.m.).

"We will have lots of fun games, good food, great friends, and plenty of time to spend with your church family," says Barry Hall, social committee co-chair.

Some of the activities planned include a tennis tournament, a three-legged race, an egg toss, and a badminton game. There's also a nice playground for the kids to play on. So grab some picnic food for a potluck, some lawn chairs (or blankets), and your tennis gear and head on over to Tinsley Park, pavilion 1. We'll see you there!



“Lord Change Me”

By Pastor Dwight Herod, condensed from the April 27 sermon

When I was a boy, I remember going to the Woolworths store, where lunch usually consisted of a grill cheese sandwich with a Cherry Smash. Then there was the neighborhood hardware store, where the man at the counter was helpful and friendly—and he was actually the owner. And the neighborhood drugstore, where Mr. Tallant was the pharmacist. He was nice, but as a kid it seemed that when I went into the store he was always watching me closely.

The hardware store has been replaced by the mega stores. The home grown drugstore has been replaced by several of the big chain stores, and instead of Mr. Tallant watching you, there are surveillance cameras. And if anyone can tell me where you can find a good Cherry Smash, I would be grateful.

We’ve gone from knowing your neighbors and those you do business with to a global world where your neighbors may change overnight and it seems that few people you do business with know who you are—and really don’t care.

Francis Schaeffer told us back in the 1970s that someday we would wake up and find out that the America we once knew was gone. That day is here.

Some will say, “Change is great.” And I must admit that unless we are willing to make a few course corrections we will be left behind or simply ignored. The church proclaiming God’s truth must be a catalyst for transforming our world.

I would like to point you to the big change I am looking forward to: “Listen, I tell you a mystery: We will not all sleep, but we will all be changed—in a flash, in the twinkling of an eye, at the last trumpet . . .” Corinthians 15:51-52, NIV. This will be the ultimate in change. It will be a triumphant delivery of the people of God. Then—not now—we will experience real change and real victory. Death is a reality. Death is an enemy. Death does conquer and destroy, but only for a time. When Christ comes, death will be swallowed up in victory.

As we wait, verse 58 instructs us “... my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.” Jesus is coming. When He does, we will indeed be transformed. How about letting that transformation begin in your life right now?

Introductions



Frances & Douglas Carter

“We moved to Cleveland in 2006 and have been attending Bowman Hills since 2007.”



Jonathan & Julie Seard

“Jonathan will begin dental school at Loma Linda University in August.”



Julia & John Warren
John, Joshua

“We came here to be more involved in ministry and serving.”

Friday Vespers

Bowman Hills is starting a monthly vespers service.

The first one is scheduled for Friday, June 28 at 7 p.m. in the church sanctuary.